



Mastering Modern Techniques in Facial Cosmetic Surgery: Deep Plane Face Lift Cadaver Course

April 25-26, 2026 | Celebration, FL

Workshop Chairs

J. Kevin Duplechain, MD, FACS, FAACS

Daria Hamrah, DMD, FAACS

Faculty

- Roxana Barad, MD, FAACS
- Albert Carlotti, MD, DDS, FAACS
- James Koehler, MD, FAACS
- Aileen Caceres, MD, MPH, FACOG, FACS
- Emilio M. Justo, MD, FAACS
- Jon D. Perenack, MD, DDS, FAACS
- Alberico Sessa, MD, FAACS

Saturday, April 25, 2026 – Didactic Program

12:00 PM **Registration and Lunch**

1:00 PM **Welcome**

J. Kevin Duplechain, MD, FACS, FAACS and Daria Hamrah, DMD, FAACS

Session 1: Upper Facial Rejuvenation

Moderator: J. Kevin Duplechain, MD, FAACS

1:10 PM **Temporal/Endoscopic Brow Lift: Access, Fixation, and Pitfalls**

J. Kevin Duplechain, MD, FAACS

1:25 PM **Lower Lid Blepharoplasty: Approaches and Avoiding Malposition**

Roxana Barad, MD, FAACS

1:40 PM **Lateral Canthal Surgery: Control of Vector and Lid Support**

Emilio M. Justo, MD, FAACS

1:55 PM **Upper Lid Blepharoplasty with Levator Repair: Efficiency and Reliability**

Emilio M. Justo, MD, FAACS

2:10 PM **Hairline Lowering: Indications, Planning, and Scar Control**

Jon D. Perenack, MD, DDS, FAACS

2:25 PM **Treating the Skin in Facelift Patients: Laser Resurfacing Integration**

J. Kevin Duplechain, MD, FAACS

2:40 PM **Q&A Discussion**

3:00 PM **Coffee Break**

Session 2: Preservation-Style Extended Deep Plane + Structural Enhancements

Moderator: Daria Hamrah, DMD, FAACS

3:30 PM **Structural Fat Grafting + Nanofat: A Practical Injection Map Integrated with Lift Vectors**

Aileen Caceres, MD, MPH, FACOG, FACS

3:45 PM **Classic Extended Deep Plane Facelift: Dissection Roadmap, Releases, and Vector Control**

Alberico Sessa, MD, FAACS

4:00 PM **Preservation-Style Extended Deep Plane, and Lateral Crevasse for Gonial Angle Definition: Rationale, Execution, and Patient Selection**

Daria Hamrah, DMD, FAACS

4:15 PM **Structural Deep Neck Lift: Deep Fat, Digastric, Submandibular Glands**

James Koehler, MD, FAACS

4:30 PM **Implants as Adjuncts: Chin and Temporal Implants - Strategy, Sizing, and Placement**

Albert Carlotti, MD, DDS, FAACS

4:45 PM **High-Risk Pitfalls and Complication Avoidance in Extended Deep Plane + Deep Neck (Case-Based Pearls)**

Daria Hamrah, DMD, FAACS

5:00 PM **Q&A Discussion and Closing Remarks**

5:15 PM **Cocktail Reception**

Sunday, April 26, 2026 – Cadaver Lab Program

7:00 AM **Breakfast**

7:30 AM **Transition to Lab**

7:45 AM **Welcome + Faculty-Led Anatomic Demonstration (Key Planes and Danger Zones)**

J. Kevin Duplechain, MD, FACS, FAACS and Daria Hamrah, DMD, FAACS

Lab Session 1: Upper Face / Periorbital Module

8:00 AM **Hands-On (Faculty-led stations):**

- Temporal/Endoscopic Brow Lift
- Upper Blepharoplasty
- Lower Blepharoplasty
- Lateral Canthal suture techniques, Ptosis repair

11:30 AM **Lunch**

12:15 PM **Transition to Lab**

Lab Session 2: Lower Face / Neck Module (Split-Station Deep Plane Comparison)

12:30 PM **Hands-On (Faculty-led stations):**

- *Extended deep plane execution*
- *Structural deep neck lift (deep fat, digastric, glands, lateral crevasse)*
- *Chin implant and temporal implant insertion*

4:00 PM **Closing Remarks**